



Wellbeing Coordinator

About this opportunity

We are looking to recruit enthusiastic and reliable people to help us make a difference. This role is offered to Buddhists and non-Buddhists alike. In this role, you will take the lead on wellbeing activity, including:

- Find and engage qualified wellbeing teachers and organisations and develop the schedule of activities
- Work with FDCW (<https://www.compassionandwisdom.org/>) to utilise their secular resources
- Find ways to offer free/low cost support and activities for local residents (which is among the top 10% of deprived areas in the UK)
- Support the delivery of wellbeing activities
- Identify fundraising opportunities that bring benefit to the local community

About us

Jamyang Buddhist Centre Leeds is an organisation devoted to the study and promotion of wellbeing, meditation and public benefit, in accordance with Buddhist principles, and the preservation of the Buddhist Mahayana tradition throughout the North of England and elsewhere. We honour the work of his Holiness the Dalai Lama and are affiliated to the Foundation for the Preservation of the Mahayana tradition. We moved to Holbeck in April 2019 and we are now looking for volunteers to help us grow the Centre.

Practical considerations

You will lead the Wellbeing team.

The amount of time given will vary and amount to approximately two days a week. Full training will be available, and support given by the Centre Director. You will volunteer at our centre in Holbeck and be able to volunteer from home some of the time. Travel expenses to be agreed.

| <i>Skills gained</i> | <i>Skills & Qualities required</i> |
|---|--|
| <ul style="list-style-type: none">• Teamwork• Negotiation• Website updates• Providing training in using online meetings such as zoom | <ul style="list-style-type: none">• Personal interest in Wellbeing• Some knowledge of the diversity of wellbeing offerings• Confident communication skills• Friendly, good rapport building |

Benefits

As well as the opportunity to meet new people and make friends, this opportunity will help you develop your skills. It's a great way to have fun and make a difference and help your community. You will also be able to benefit from our Volunteers' Programme.

To Apply

if you are interested in this role, please check out the application guide on the website and complete the e-application form. Alternatively, you can contact us on:



smile@jamyangleeds.co.uk



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