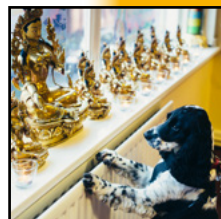
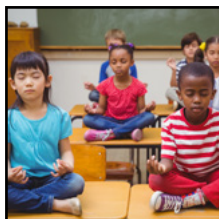
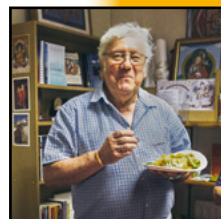


Leave a Legacy

Remembering the work of
Jamyang Leeds
in your Will



JAMYANG
BUDDHIST CENTRE LEEDS



Could you support the next generation of Buddhism in the North of England?

Jamyang Buddhist Centre Leeds is home to one of the largest Buddhist-based outreach services in the north of England. Its educational programmes and community services are spread across the northern counties and allow all who are involved to develop mental wellbeing, meditation skills, improve positive behaviours in day to day life and build lasting friendships. As a charitable organisation, the ongoing provision of these life-changing opportunities is very dependent on the financial support we receive from private individuals and charitable trusts.

Our Education Outreach work interacts with school and universities in some of the most disadvantaged areas of West Yorkshire. We provide meditation training, basic mindfulness techniques and teachings on Buddhist psychology and philosophy to over 15 different educational establishments every year. Teachers and parents often tell us they enjoy visits to our centre, and comment on how calm their children and students have become.

The Volunteer Programme trains individuals interested in meditation to lead sessions and classes on Buddhism, each term we train and support on average 5 new facilitators. These then support our other outreach work such as providing meditation sessions for local businesses, council and health service workers, and other satellite groups we mentor around the UK. Currently we

mentor groups in York, Hull, Liverpool, Scotland, Cumbria, and even Romania.

Each year we bring to Leeds guest teachers from all over the world. Since 2015 we've had visits from Tibetan Lamas, international retreat leaders, best-selling authors, TV producers and our regular team of UK based leaders and experts in yoga, mindfulness, Buddhism and psychology.

A living legacy

A gift in your Will is one of the most special and enduring ways that you can support the development of a living tradition for future generations. This could be either to support our work in general, or as a memorial in your name, or that of a loved one. The use of the funds can also be for specific projects according to your wishes. You can get in touch with us via the contact form provided on the back of this booklet.

How to make a gift in your Will

A legacy to Jamyang Buddhist Centre Leeds is exempt from inheritance tax. You can donate a fixed amount, an item or specific gift, such as property or shares, or what is left after other gifts have been given out (the Residue of your estate). These opportunities depend upon careful will-drafting which is best left to a qualified solicitor or will-writer. Whether you have already written your Will, or planning to do so, it is a simple process to include a gift to Jamyang Leeds. The following legal wording can be issued to your solicitor:

To leave a share of your estate: "I give [%] of my residuary estate free of all taxes to...

To leave a fixed sum of money: "I give the sum of [£] free of all taxes to...

... Jamyang Buddhist Centre Leeds, 12 York Place, Leeds, LS1 2DS, for [delete as appropriate] the general use of the centre / for the specific use [please specify], and I declare that the receipt of the Director or other authorised officer of Jamyang Buddhist Centre Leeds shall be a sufficient discharge to my executors and trustees."

"You can see more and more how much of an emergency it is to have such a centre, especially regarding the present situation, because it shows the whole unmistakable path to liberation and happiness, the unmistakable cause of happiness and of the path to liberation, the unmistakable cause to the path to great liberation, full enlightenment, in other words, how to get out of suffering. What is the cause of suffering, how to get rid of that, is never explained and taught in schools, colleges, or universities."

– Lama Zopa Rinpoche

Jamyang Buddhist Centre Leeds

Legacies

Please provide us with your details on this form and detach and send it to the address provided below. Or you can fill in this form online at www.jamyangleeds.co.uk/legacies

- I am interested in leaving a legacy to Jamyang Buddhist Centre Leeds and wish to be contacted via phone / email / post
- I have already included Jamyang Buddhist Centre Leeds in my Will.
- I wish to request a Jamyang Leeds general donation form / be added to the mailing list.

Name: _____

Address: _____

Telephone: _____

Email: _____

Jamyang Buddhist Centre Leeds

12 York Place, Leeds, LS1 2DS



[facebook.com/jamyangleeds](https://www.facebook.com/jamyangleeds)

Telephone: 07866 760 460

Email: smile@jamyangleeds.co.uk

www.jamyangleeds.co.uk

Data and personal information disclaimer:

Jamyang Buddhist Centre Leeds will manage all of your information in accordance with the General Data Protection Regulations.

Please contact us if you would like further information.

See our privacy policy here: www.jamyangleeds.co.uk/privacy-policy

Jamyang Buddhist Centre Leeds is a registered charity, number 1109242